



ROYAL CANADIAN SEA CADET CORPS

CENTURION



1 LEWIS GUN ROAD, OTTAWA, ON K2K 2W6

TELEPHONE: (613) 993-2968

WWW.CENTURIONSEACADETS.ORG

19 September 2017

Dear parents/legal guardians,

RCSCC CENTURION along with RCSCC DEFIANT will be conducting a training weekend 23-24 September 2017 at Connaught. The purpose of this weekend is to supplement mandatory training and provide hands-on experience in seamanship, navigation, fitness, communications and leadership.

Cadets are expected to arrive at 0830 hrs on Saturday morning and will be available for pick-up at 1700 hrs on Sunday.

Please discourage your cadet from packing any high value items as they will be responsible for their own kit and there are no facilities available to adequately secure them.

Should you have any questions, please direct them to the undersigned. For emergency purposes only, Lt(N) Learmonth can be reached over the weekend at: 613-203-0088.

S. Learmonth
Lieutenant(Navy)
Commanding Officer, RCSCC CENTURION
Canadian Armed Forces
Susan.learmonth@cadets.gc.ca Tel: 613-203-0088



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Training Weekend Kit List

- | | |
|---|--|
| <input type="checkbox"/> <u>HEALTH CARD</u> | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Deodorant (stick not spray) |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Three full sets appropriate civilian clothing |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Bug Repellant | <input type="checkbox"/> Underwear |
| <input type="checkbox"/> Hat | <input type="checkbox"/> Pants |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Running shoes | <input type="checkbox"/> Shirts |
| <input type="checkbox"/> Shower sandals | <input type="checkbox"/> Sweatshirt |
| <input type="checkbox"/> Towels | <input type="checkbox"/> Jacket |
| <input type="checkbox"/> Rain gear | <input type="checkbox"/> Appropriate pyjamas |
| <input type="checkbox"/> Water Bottle | |
| <input type="checkbox"/> <u>PHASE 3s</u> – Cadet Ankle Boots | |

If you require medication – bring in original container or blister pack with clear dosage instructions.

DO NOT BRING knives, weapons or sharp objects. **DO NOT BRING** valuables such as electronics as there is nowhere to secure these safely. If you do bring them, the staff of RCSCC CENTURION will not be held responsible for lost/stolen items.